



Therapeutic Breathwork™

Summer 2012 Modules in Special Topics in Breathwork

An Introduction to Therapeutic Breathwork for Caregivers

Breathworker Certification Training - Module 1 - Dry Breathwork June 22 - 24, 2012

The purpose of this training is to introduce breathwork and to enhance therapeutic breathwork skills not taught in other trainings.

Participants will learn to:

- Identify ineffective breathing patterns,
- Teach healthy breathing skills,
- Use breathwork to address issues of depression, anxiety and addictions,
- Integrate breathwork into a professional practice,
- Monitor and release personal holding patterns that interfere with clarity as a therapeutic breathworker in the healing arts.

June 22 7 - 9 pm, June 23 9 am - 5:30 pm, June 24 9 am - 1 pm Fee: \$250 *

*Special tuition offer: Introduction to Breathwork fee of \$185, if at least two other Modules are registered for and paid for at time of registration.

The Anatomy of Breathwork

Breathworker Certification Training - Module 4 August 10, 9 am - 5:30 pm

Evolution of breathwork and its effects, physiological to spiritual.

Breathwork in Water

Breathwork Certification Training - Module 2 August 11, 12:30 pm - 9:00 pm

Practice in use of water in dealing with perinatal issues.

Group Breathwork

Breathworker Certification Training - Module 3 August 12, 9 am - 5:30 pm

Practice in constructing and leading group breathwork.

Energy Release and Body Types in Breathwork

Breathworker Certification Training - Module 4 September 15, 9 am - 5:30 pm

Practice in body reading and releasing techniques.

Touch and Movement in Breathwork

Breathworker Certification Training - Module 6 September 16, 9 am - 5:30 pm

Effective methods of freeing the breath via energetic contact.

Therapeutic Breathwork Certification

Participants completing Modules 1 - Dry Breathwork, Module 2, - Breathwork in Water Training, Module 3 - Group Breathwork and one other Module receive Level I Breathworker in Training Certification or Level II Certification if you already have Level I.

Fees:

Module 1	\$250
Modules 2 through 6	\$160 each

Add \$25/each for Modules taken for Continuing Education credits.

Special tuition offer: Introduction to Breathwork fee of \$185, if at least two other Modules are registered for and paid for at time of registration.

CONTINUING EDUCATION FOR PROFESSIONALS

Courses are approved by the National Board of Certified Counselors (NBCC) and the National Association of Alcoholism and Drug Abuse Counselors (NAADAC) for professional continuing education in the United States.

Module	CE hrs
<i>An Introduction to Breathwork for Professional Caregivers</i>	15 hrs
<i>Breathwork in Water</i>	8 hrs
<i>Group Breathwork</i>	8 hrs
<i>The Anatomy of Breathwork</i>	8 hrs
<i>Energy Release and Body Types in Breathwork</i>	8 hrs
<i>Touch and Movement in Breathwork</i>	8 hrs



Therapeutic Breathwork™

Breathwork Modules Registration

Your Informations:

Name _____

Address _____

Address _____

City _____ State _____

ZIP _____

Phone _____

E-mail _____

To register:

By phone: Call 414 351 5770

By mail: Send to Transformations
4200 W Good Hope Rd
Milwaukee, WI 53209

Enclose this form with check or money order

By fax: Send to Transformations
414 351 5760

VISA or MASTERCARD

Exp. date _____

Signature _____

June 22 - 24 *An Introduction to Therapeutic Breathwork for Caregivers*

Special offer with two or more additional modules \$250 _____
\$185 _____

August 10 *The Anatomy of Breathwork*

\$160 _____

August 11 *Breathwork in Water*

\$160 _____

August 12 *Group Breathwork*

\$160 _____

September 15 *Energy Release and Body Types in Breathwork*

\$160 _____

September 16 *Touch and Movement in Breathwork*

\$160 _____

Modules taken for Continuing Education

add \$25 each _____

Total _____