

TRANSFORMATIONS

School of Integrative Psychology

lead naturally

BEING AND LIVING THE LOVE YOU ARE

- a practical online video course in letting love transform your life

Love is the all pervasive substance that holds the universe as One. It is not a sentimental emotion, a sensual feeling or a tool to manipulate relationships. To experience love as the ground of your being and to live from this foundation is to transform every moment of your existence into higher awareness. Each class of this nine class journey we will engage in practices that radically upend the roadblocks to owning the innocence and purity of being in your Sacred Heart and radiating this glow to your world.

Topics include Love and: Impassioned Peace, the Seven Aspirations (Innocence, Compassion, Abundance, Wisdom, Peace, Forgiveness and Joy), Desires of the Heart, Your Beloved, Mysticism, the Alchemy of Love, and Attracting and sustaining Holy Relationships.

Our goals are:

- to transform our experience to being in love with and nurtured by life daily
- to have a chest of "inner love potions" for every life challenge
- to build a reservoir of loving energy to tide us through dark nights of illusion
- to attract loving companions who delight in sharing love with you daily
- to be strengthened by a community dedicated to spreading love on our planet

You will receive:

- ~ nine class videos approximately one hour long plus handouts
- ~ enlightening information, references, exercises and practices
- ~ a strategic plan for being and living the love you are more fully in daily life than you can presently imagine



This nine month series is open to students anywhere in the world who want to engage in life transforming practices in a dedicated community. Class presentations will be videotaped and sent with materials and exercises included.

Tuition: \$180 USD. Reduction for some countries outside the US (contact instructor).

Payment: check or money order in USD to Transformations 4200 W Good Hope Rd. Milwaukee, WI 53209 USA. Online at: http://www.transformationsusa.com/products.php enter amount at Consultation Services Jim Morningstar, Ph.D.



Jim Morningstar, PhD, is a student and teacher of Spiritual Psychology. He has brought light and love into his life work which includes a 45 year practice as a teacher and psychotherapist, a 34 year School of Integrative Psychology now online, a 25 year breathworker training center, a 6 year wellness business and a timeless loving family. His dream is to strengthen the community of like-spirited emissaries of Love which has come together for this work.